DO YOUR PART: COVID-19
WWW.MULTCO.US/COVID19

• Don’t touch your eyes, nose, and mouth.
• Avoid large crowds and close contact.

• Cough or sneeze into your elbow or into a tissue. Throw the tissue in the trash.
• Wash your hands often with soap and water for at least 20 seconds.

• Clean AND disinfect frequently touched surfaces daily.
• Keep your distance.

STAY INFORMED
• Call 2-1-1 (interpreters available)
• www.multco.us/covid19
• TTY call 7-1-1

English and Spanish only:
• Text your zip code to 898211 (TXT211)
• Email help@211info.org

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